



Date: August 19, 2024

Meeting: First 5 Mendocino Commission Meeting

Location: Old Laytonville High School, 200 Branscomb Rd, Laytonville, CA
Mendocino County Public Health, 1120 S Dora St, Ukiah, CA
Zoom

COMMISSIONERS PRESENT

Sandra Applegate	Jenine Miller	Alt: John Haschak
Tawny Bailey	Mo Mulheren	
Erica D'Anis	Katheryn Reihl	

COMMISSIONERS ABSENT

Ben Anderson	Maria May	
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PUBLIC PRESENT

Townley Saye	Maria Fuentes	Megan Carson
Karla Kohler	Monica Galliani	Jenna Flesch
Andres Alvarado	Alex Rounds	Jayma Shields Spence

Meeting began at 1:06 pm.

ITEM 1 WELCOME & INTRODUCTIONS

Attendees were welcomed by the chair and introduced themselves.

ITEM 2 MINDFUL MINUTE

Executive Director Townley Saye led attendees in a Mindful Minute.

ITEM 3 PUBLIC COMMENT ON NON-AGENDIZED ITEMS

Public comment was opened. No comments were received. Public comment was closed.

ITEM 4 CONSENT CALENDAR **ACTION**

Consent items, other than any pulled for specific discussion, are voted up by a single motion.

- Meeting Agenda
- Meeting Minutes: June 2024

Motion to approve the Consent Calendar.

Motion: Bailey Second: Applegate
Yes: Applegate, Bailey, D'Anis, Miller, Reihl, Haschak
Abstain: None
Absent: Anderson, May, Mulheren
Motion: Passed

ITEM 5 LAYTONVILLE HEALTHY START PRESENTATION **NO ACTION**

Jayma Shields Spence presented on the Laytonville Healthy Start Family Resource Center activities and support. She detailed the relationship between The Harwood Memorial Park and Laytonville Healthy Start and how the FRC supports the Laytonville community members from children through adults. Approximately 1000 clients receive service per year. Jayma specifically detailed how contracts are used to enrich and support the lives of children in the Laytonville Community including but not limited to, basic needs like diapers, backpacks for kindergarteners, application assistance for low-income services, Community Resiliency Model support, and supporting new partnerships with the Leggett community to build infrastructure for their new FRC.

Commissioner Mulheren arrived at 1:19 pm.

ITEM 6 FIRST 5 COUNTY STABILIZATION FUND **ACTION**

The Commission will review, discuss, and approve or deny sending a letter of support for the Proposal of First 5 California to establish a Stabilization Fund for First 5 County Commissions.

Declining Proposition 10 dollars has the First 5 Association working to gain the First 5 California Commission support to provide a 25 million dollar stabilization fund to lessen the effects of the sharp decline in funding. Mendocino County itself has experienced a decline of approximately 13%. Executive Director Townley Saye will be travelling to San Diego to attend the First 5 California Commission meeting where the stabilization fund is on the agenda to speak in support of the request. A letter of support template and talking points were provided to members who may want to call in and express public comment during the meeting. Clarification was provided as to the roles of the First 5 Association and First 5 California.

A letter of support was drafted for Commission approval. A correction to the signature lines was requested.

Motion to approve the letter of support with edits.

Motion: Mulheren Second: D'Anis
Yes: Applegate, Bailey, D'Anis, Miller, Mulheren, Reihl
Abstain: None
Absent: Anderson, May
Motion: Passed

ITEM 7 VOLUNTEER PERSONAL LEAVE POLICY UPDATE **ACTION**

The Commission will review the recommended updates to the Volunteer Personal Leave Policy and either approve or reject the changes.

The original policy stated that the volunteer service must be served within Mendocino County. The recent Park Fire in Butte County brought up the need for potential volunteers to serve as Community Resiliency Model providers. Language was updated to reflect the authorization to volunteer in neighboring areas due to natural disasters and emergencies, specifically during our wildfire season and aligns with First 5 Mendocino's goals.

Motion to approve the updated volunteer personal leave policy.

Motion: D'Anis Second: Mulheren
Yes: Applegate, Bailey, D'Anis, Miller, Mulheren, Reihl
Abstain: None
Absent: Anderson, May
Motion: Passed

ITEM 8 FINANCIAL REPORTS **ACTION**

The Commission will review, discuss, and approve the financial reports from December 2023 through April 2024 for FY 23-24.

ED Saye reviewed with the Commission what information sheets are included in the reports:

- profit and loss
- budget vs. actual,
- balance sheet,
- revenue & expenditures,
- bank account statements,
- cash & net balance reconciliation, and
- County Munis reports

ED Saye indicated that she reviewed the files, and nothing stood out to her that needed to be addressed.

ED Saye noted that in the months when the County of Mendocino has not closed their books, a budget tracker will be available rather than the reconciliations. Executive Assistant Karla Kohler indicated that all the previous reports are available on the website, so if Commissioners want to compare them with previous months, they are available. Commissioner Mulheren also stated that if Commissioners have questions regarding the reports, staff is happy to assist after the meeting as well.

Motion to approve the financial reports for December 2023 through April 2024.

Motion: Mulheren Second: Bailey
Yes: Applegate, Bailey, D'Anis, Miller, Mulheren, Reihl
Abstain: None
Absent: Anderson, May
Motion: Passed

ITEM 9**ED & STAFF UPDATES NO ACTION**

ED and staff will provide an update of the current events, trainings, and emerging priorities of F5M.

ED Saye reported that there is a substantial amount of updates and the Agenda Packet includes links to some of the larger files that are referenced in the updates.

Raise & Shine will be hosting a Chipotle fundraiser for the Imagination Library on September 4, from 4-8.

The First 5 Association has created a First 5 Network Onboarding Guide as an informational reference to all things First 5. A link to the entire guide is included in the packet. It is a living document so the changes will be updated in real time. The table of contents is included in the packet. It's a new resource and sharing is encouraged.

Alex Rounds shared World Breastfeeding Week is the first week in August as well as Indigenous Milk Medicine Week. Alex attended a presentation on Cultural Safety: Improving Perinatal Care for Indigenous Families, presented by Amy Stiffarm, PhD, MPH at the Indigenous Milk Conference. Alex highly praised the presentation and encouraged anyone who is working with Indigenous groups to review the PowerPoint and Dr. Stiffarm's thesis.

ED Saye reviewed the Network Guide provided by Unite Us for a closed loop referral system. This is an ongoing project that First 5 Mendocino and the County of Mendocino are discussing funding and bringing to Mendocino County.

Dr. MC McDonald will be presenting Empowerment-Based Trauma Healing at home, at work, and in the classroom at the SPACE Theater on September 5, sponsored by First 5 Mendocino. Dr. McDonald will also be introducing a curriculum for how to introduce nervous system regulation to children. After Dr. McDonald spoke at the First 5 Mendocino State of the Child Summit earlier this year, she was also invited back to Mendocino County by MCOE and Head Start independently.

The National Alliance on Mental Illness (NAMI) is hosting the 2024 Multicultural Symposium at the Alex Rorabaugh Recreation Center on September 14 at 11:00.

Collectively First 5s have been meeting with Partnership California to discuss funding for programs and services delivered by First 5 as direct service partners to strengthen systems of care. In addition, a grant is available to help support infrastructure development for Community Health Workers through Partnership as a direct service partner.

Ed Saye and Rounds sit on the Family First Prevention Services advisory boards. Mendocino County has an approved plan with the Cahto Tribe and now they are discussing what the measures will be. First 5 Mendocino is offering support.

Each Commissioner should have received the email detailing how to access their California Special Districts Association account. This account allows access to all their training, but Ethics and Brown Act

training is required every two years. When complete, please send your certificate of completion to Karla Kohler.

October 28 and 29 Advanced Motivational Interviewing will be offered.

First 5 Mendocino will have a booth for one day at Pumpkinfest on Saturday, October 19.

Jade Aldrich and Dondi Miller are taking the Fearless Triple P training. It is a new training that addresses bullying and helping kids stand up for themselves. Dondi Miller and Marla Anderson will be teaching Positive Parenting classes. Marla Anderson will be trained in Baby Triple P.

The California Economic Summit will be October 8-10. Commissioners are invited to attend.

Bonnie Boek and Alex Rounds are both working on their Master's Degrees.

Bonnie Boek attended the Inclusive Early Education Expansion Program (IEEEP) meeting with the Mendocino County Office of Education (MCOE) and MCOE expressed their gratitude for Raise & Shine and the work being done.

Kohler shared there has been an upswing of mothers coming in for newborn diapers, some on the way home from the hospital, and some to teenage mothers. This is serving as a wonderful opportunity to connect them with other services.

Maria Fuentes shared that she and Andres Alvarado attended the Pinoleville Health and Wellness Fair. It was a nice collaboration of agencies, and the Raise & Shine team practiced resiliency skills with the children.

Fuentes and Alvarado will be offering SibShops in the upcoming months, which are workshops to support the siblings of children with disabilities.

The Mendocino County Library Ukiah Branch Children's Librarian contacted First 5 Mendocino and want to become a regular delivery spot for resource handouts.

ITEM 10

COMMISSIONER REPORTS, STAFF COMMENTS, ANNOUNCEMENTS, QUORUM CHECK & ADDITIONAL MATERIALS **NO ACTION**

Commissioner Reihl reported that Public Health is still searching for a Public Health Nurse. Public Health has also been collaborating with First 5 Mendocino to increase the number of participants in the home visiting program and they are seeing their number of clients increase.

Commissioner Bailey reported that Redwood Community Services is also looking at Community Health Workers and they are in discussion with Mendocino College to discuss pathways for education into the program.

Commissioner Dr. Miller reported that the ceremony for the groundbreaking of the Psychiatric Health Facility would be on August 21. She also reported that Public Health has begun school vaccines.

Commissioner Supervisor Mulheren encouraged everyone attending to ask questions of the County Supervisors or Executive Office when stories are

reported in the media. Especially surrounding the recent audits of the County. She also reported that the Homeless Point in Time Count will be up from previous years. This is the first year the count was conducted on tribal lands. This is a step forward and should be considered the new, equitable, baseline as it includes all Mendocino County homeless, rather than excluding indigenous people. Mulheren also drew attention to Proposition 36 and encouraged attendees to research how that might affect Mendocino County.

Supervisor Haschak is excited to see the discussion regarding Community Health Workers. He also was happy that Laytonville Healthy Start was highlighted in this meeting because they do good work in the community and there is no stigma attached to receiving services. He also indicated the Farmer's Market would be open after the meeting.

Commissioner D'Anis reported that Adventist Health provided services to over 600 children at their combined Sports Physical locations throughout the County.

ED Saye closed with drawing attention to the article that was handed out at the meeting, "A polarized family policy is the last thing America Needs." She read a quote that supports the First 5 Mendocino and Laytonville Healthy Start mission to show up and support the youngest among us in whatever way we can, "In fact, we should say this loudly: Our society needs childless adults, We would be worse off without a cadre of loving aunts, uncles and neighbors with the flexibility to help, or the priests, nuns, monks, and ascetics in religions like Catholicism, Buddhism, and Hinduism who devote their lives to serving a unique spiritual purpose."

A quorum check confirmed that D'Anis, Mulheren, Miller, Reihl, Applegate, and Bailey expect to attend the October meeting. Commissioners not present will be polled.

Meeting Ended at 2:29 pm