

419 Talmage Rd., Suite J, Ukiah, CA 95482 TEL (707) 462-4453 FAX (707) 462-5570

www.first5mendocino.org

Monday, December 18, 2023 Lunch served at 12:30 p.m. Meeting starts at 1:00 p.m. Executive Director
Townley Saye
Commissioners

Ben Anderson, LCSW
Sandra Applegate
Erica D'Anis
Bekkie Emery
Maria May
Jenine Miller
Mo Mulheren

## **COMMISSION MEETING AGENDA**

Meeting Location: MCOE 2240 Old River Rd Birch Lab 1 Ukiah, CA 95482 **Public invited via Zoom**<a href="https://us02web.zoom.us/j/82233371018?pwd=REpHQmdIRHNxNG5NUIRsWVBwVHgrUT0">https://us02web.zoom.us/j/82233371018?pwd=REpHQmdIRHNxNG5NUIRsWVBwVHgrUT0</a>

Meeting ID: 822 3337 1018

Passcode: 050213

One tap mobile

+16694449171,,82233371018#,,,,\*050
213# US

+16699006833,,82233371018#,,,,\*05

0213# US (San Jose)
Dial by your location

+1 669 900 6833 US (San Jose)
+1 253 215 8782 US (Tacoma)

- ITEM 1 WELCOME & INTRODUCTIONS
- ITEM 2 MINDFUL MINUTE
- ITEM 3 PUBLIC COMMENT ON NON-AGENDIZED ITEMS
- ITEM 4 CONSENT CALENDAR (ACTION)

Consent items, other than any pulled for specific discussion, are voted upon by a single motion without discussion.

- Meeting Agenda
- Meeting Minutes: October
- ITEM 5 FIRST 5 BY-LAWS UPDATE (ACTION)

The Commission will review, discuss and approve or reject the changes to the First 5 Mendocino By-laws

- The Commission will elect a Chair, Vice-Chair and a Second Vice-Chair annually as per the Commission By-laws.
- The Commission will discuss and approve meeting dates for 2024.

Commissioner Miller's appointment expires January 1, 2024.

- ITEM 8 ED AND STAFF UPDATES
  - First 5 Relocation
  - Staff changes
  - Staff Development at the Brambles
  - Upcoming Community Trainings
    - Dr. MC McDonald Collaboration: January 2024
    - Intro to Play Therapy, January 18, 2024
    - Triple P Primary: January 2024 (Headstart data)
    - Dr. Tina Bryson, Georgie Wisen-Vicent, and Gaelin Elmore: March 2024
    - Kinship Care: April 2024
    - Motivational Interviewing: Advanced Level with Igor Koutsenok: May 2024
- ITEM 9 COMMISSIONER REPORTS, STAFF COMMENTS, ANNOUNCEMENTS, QUORUM CHECK & ADDITIONAL MATERIALS

## **Upcoming Meetings:**

Executive Committee Monday January 8, 2024, Ukiah

Commission
Monday, February 26, 2024, Point Arena