

166 E. Gobbi Street, Ukiah, CA 95482 TEL (707) 462-4453 FAX (707) 462-5570

www.first5mendocino.org

Monday, August 21, 2023 Lunch served at 12:30 p.m. at regularly scheduled meeting location ONLY. The meeting starts at 1:00 p.m. Townley Saye

Commissioners
Ben Anderson, LCSW
Sandra Applegate
Erica D'Anis
Bekkie Emery
Maria May

Jenine Miller Mo Mulheren

COMMISSION MEETING AGENDA

Regularly Scheduled Meeting Location:

Laytonville Library 44960 Highway 101, Unit D Laytonville, CA

The Laytonville Farmers Market will be from 2:30 – 5:30 at Harwood Hall 44400 Willis Avenue. All are invited to attend this local event after the meeting.

Additional Meeting Location and Zoom information:

County of Mendocino Conference Room A 501 Low Gap Rd, Ukiah, CA 95482

Mendocino Coast Clinic 205 South St, Fort Bragg, CA 95437 West Entrance, Behavioral Health

Public invited to join via Zoom

https://us02web.zoom.us/j/82233371018?pwd=REpHQmdIRHNxNG5NUIRsWVBwVHgrUT09

Meeting ID: 822 3337 1018
Passcode: 050213
One tap mobile

+16694449171,,82233371018#,,,,*050213# US +16699006833,,82233371018#,,,,*050213# US (San Jose)

Dial by your location

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ITEM 1 WELCOME & INTRODUCTIONS

ITEM 2 MINDFUL MINUTE

ITEM 3 PUBLIC COMMENT ON NON-AGENDIZED ITEMS

ITEM 4 CONSENT CALENDAR (ACTION)

Consent items, other than any pulled for specific discussion, are voted upon by a single motion without discussion.

- Meeting Agenda
- Meeting Minutes: July
- Contracting and Procurement Policy
- Conflict of Interest Code Policy

ITEM 5 POLICY REVISIONS (ACTION)

The Commission will discuss and approve wellness and benefit policy revisions.

ITEM 6 FISCAL REPORTS REVIEW (ACTION)

Based on updated accounting methodology, the Commission will

- Review, discuss, and reapprove the fiscal reports for July through September 2022. (Action)
- Review, discuss, and approve the fiscal reports for October 2022 through May 2023. (Action)

ITEM 7 FIRST 5 MENDOCINO NEW LOCATION (ACTION)

The Commission will review the lease update for the Talmage Office Park and approve ED Saye to execute the lease for the new First 5 Mendocino location.

ITEM 8 H.O.P.E PRESENTATION

Megan Carson and Karla Kohler will present an Introduction to HOPE.

ITEM 9 **ED AND STAFF UPDATES**

ED Saye and staff will provide updates on the current changes and emerging priorities of F5M.

- Eligibility Wizard Sampling (Alex Rounds)
- Updated BreastStart Website (Alex Rounds)
- Upcoming Trainings
 - o Triple P Peer Support, Aug 23
 - Triple P Level 4 Group, Sept 6-8, 22, 28-29
 - Motivational Interviewing with Igor Koutsenok MD, Sept 26-27
 - HOPE Facilitator Training October 5, 17, and November 2

ITEM 10 COMMISSIONER REPORTS, STAFF COMMENTS, ANNOUNCEMENTS, QUORUM CHECK & ADDITIONAL MATERIALS

Upcoming Meetings Monday, September 25, 2023 Monday, October 23, 2023 (Annual Audit) Ukiah, CA