



May 20, 2022
May Meeting Minutes
 204 South Oak Street
 Ukiah, CA 95482/Zoom Conference Call

Commissioners Present

Paul Tichinin	Bekkie Emery	Sandra Applegate
John Haschak	Ben Anderson	Erica Baumker

Commissioners Absent

Lucresha Rentería	Jenine Miller	

Public Present

Julie Fetherston	Marissa Daniel	Alex Rounds	Monica Galliani
Andres Alvarado	Jade Aldrich	Megan Carson	

ITEM 1 WELCOME & INTRODUCTIONS

Commissioner Applegate called the meeting to order at 9:17 a.m. and welcomed participants. The Commission and staff made introductions. Staff noted that the Zoom link used was not the one provided on the agenda and re-started the meeting at 10:24 a.m. with the correct link. Public comment was re-opened and actions for items 3 and 4 were voted upon again.

ITEM 2 PUBLIC COMMENT ON NON-AGENDIZED ITEMS

Commissioner Applegate called for public comment on non-agendized items and opened the public hearing. No public comment was received. Commissioner Applegate closed the public hearing.

ITEM 3 CONSENT CALENDAR (ACTION)

- Meeting Agenda
- DRAFT Minutes from April 2022
- Fiscal Reports: January and February

Motion to adopt the Consent Calendar separately from minutes.

Motion: Tichinin, Second: Anderson

Yes: Anderson, Applegate, Baumker, Emery, Haschak, Tichinin

Abstain: None

Absent: Miller, Rentería

Motion Passed

Motion to adopt the minutes as amended with the name Scott McFarland replacing the name Rod Granger.

Motion: Anderson, Second: Emery

Yes: Anderson, Applegate, Baumker, Emery, Haschak, Tichinin

No: none

Absent: Miller, Rentería

Motion Passed.

ITEM 4 MEETING LOCATIONS (ACTION)

ED Fetherston explained to the Commission that AB 361 requires a vote to determine whether future meetings will be held in person or virtually. The commission must also vote on the location of future meetings. ED Fetherston suggested holding the meeting in person. Discussion regarding scheduling options ensued.

Motion to hold a hybrid meeting for June 2022.

Motion: Tichinin, Second: Haschak

Yes: Anderson, Applegate, Baumker, Emery, Haschak, Tichinin

No: none

Absent: Miller, Rentería

Motion Passed.

ITEM 5 Update on Executive Director Search (ACTION) – ED Fetherston reported that the advertisement period for the new ED would run from May 23 to June 17, with selections being made shortly after and the final decision being reached on June 27. Commissioners discussed providing an incentive bonus of \$5,000 for signing and \$10,000 at 18 months.

Motion to affirm a bonus in the amount of \$15,000.

Motion: Tichinin, Second: Haschak

Yes: Anderson, Applegate, Baumker, Emery, Haschak, Tichinin

No: none

Absent: Miller, Rentería

Motion Passed.

ITEM 6 Strategic Plan Review Year 4/Item 7 Programmatic Review for 2022-23 - ED Fetherston shared hard copies of the completed 2021-2026 Strategic Plan. She gave an overview of the core values and mission of First 5 Mendocino, and gave a breakdown of the four focus areas:

1. Optimal Child Health Development

- a. Goal 1: Improve prenatal and perinatal conditions for healthy development.



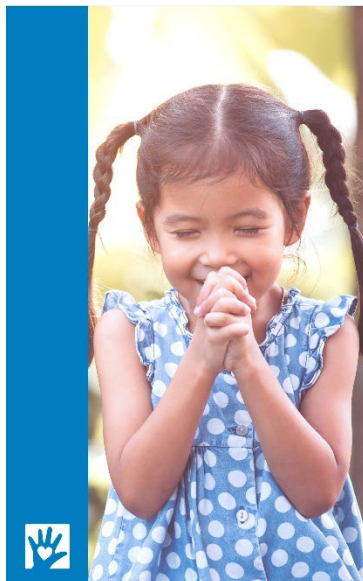
Optimal Child Health and Development

FOCUS AREA 1 (Goal 1)

Improve Prenatal and Perinatal Conditions for Healthy Development

- One-year Perinatal Support and Early Childhood Support Coordinator
 - Home Visiting Consortium – outreach, promotion, professional development
 - Breastfeeding Coalition – increase professional development, outreach, participation
 - Exploration of increased access for Perinatal care in outlying areas
 - Improving parent connections (next slide)
- Additional RVFRC support for recovery support for parents with children
- State of the Child Summit on Infant and Early Childhood Mental Health (to inform above and Title IV-E trainings next year)

- b. Goal 2: Increased awareness of and access to appropriate service and family support for children who have special needs.



Optimal Child Health and Development

FOCUS AREA 1 (Goal 2)

Increased Awareness of and Access to Appropriate Service and Family Support for Children who have special needs

- Expanded Early Start support to include coast
- Continued services through closed loop referral processes
- Improved referral, coordination and outreach to increase access to services
- Community Resilience 'skill shops' for parents with children with special needs
- Triple P Stepping Stones I:1 and groups inland and on the coast
- Parent education on social media
- Triple P Stepping Stones Trainings

Ed Fetherston advertised that staff have been working on preparing the State of the Child Infant and Early Mental Health Summit that will be held on June 22-23. The conference will feature esteemed speakers and workshops that will serve as steppingstones for building relationships and learning more about how to better serve young children and families. Commissioners Applegate and Baumker strongly suggested getting media coverage of the event. Commissioner Anderson suggested reaching out to Holly Madrigal of North Coast Opportunities.

2. Early Learning and Care

- a. Goal 1: Increase access to affordable childcare.



Early Learning and Care

FOCUS AREA 2 (Goal 1)

INCREASE ACCESS TO AFFORDABLE CHILDCARE

- Work with LPC and QCC partners to encourage, train and incentivize additional providers for home-based childcare particularly in outlying areas
- Advocate for additional slots, reimbursement rates, and better pay

- b. Goal 2: Improve the quality of early childcare settings to meet the social-emotional, physical, and cognitive needs of young children.



Early Learning and Care

FOCUS AREA 2 (Goal 2)

IMPROVE THE QUALITY OF EARLY LEARNING SETTINGS TO MEET THE NEEDS OF YOUNG CHILDREN

- Provide additional support to quality improvement coaches to focus on social emotional, and mental health needs of young children
- Bring Positive Early Childhood Environments Training
- Provide Triple P training and peer support to early learning staff
- Provide skills training at Parent Café nights
- Talk Read Sing, parent education campaign on their role in early learning

Spotlight on Perinatal Mental Health: Perinatal and Early Childhood Support Coordinator Alex Rounds explained the slide and reported that staff have hired an intern, Sariah Neff, to help in areas that need more support, such as home visiting. She also reported on a home visiting interviewing project she has been working on and shared some of the overwhelmingly positive comments that parents with experience with home visitors shared. She added that the program will be bilingual. She went on to share plans for upcoming parent café's, which will serve as meetings/group spaces for parents to communicate and seek support from one another. Commissioners Anderson and Baumker expressed support for the improvement of system supports for birthing parents, especially in regard to postpartum depression and anxiety.

- c. Goal 3: Increase children's early literacy, social-emotional development, and school readiness.



Early Learning and Care

FOCUS AREA 2 (Goal 3)

Increase Children's Early Literacy, Social-Emotional Development, and School Readiness

- Talk Read Sing books and activities
- Talk Read Sing parent information on ages and stages and activities to help support positive development
- Parent education on Serve and Return and positive impact of nurturing relationships
- State of the Child Summit to support professional development and integration across systems of care

Spotlight on Positive Early Childhood Education (PECE): Community Education Manager Megan Carson described the PECE training program, a multi-layered training for both teachers and directors. She explained that the continuity of parenting strategies that come from both Triple P trained parents and PECE trained educators will be greatly beneficial to children. There are 16 directors and 34 teachers signed up for the training.

3. Increasing Family Resilience

- Goal 1: Increase use of effective parenting and parent knowledge of child development.



Increase Family Resilience

FOCUS AREA 3 (GOAL 1):

Increase Use of Effective Parenting and Parent Knowledge of Child Development

- Increase number of parents per Triple P class through additional outreach, new website, and closed loop referral
- Create annual calendar with quarterly updates
- Promote through school
- Provide seminars at early learning sites and elementary schools
- Support FRC's for Triple 1:1

4. Integrated and Equitable Systems

- Goal 1: Build and strengthen county-wide coordination of our local early child development and family support systems.

Spotlight on Parent Support: Parent Support Specialist Jade Aldrich spoke about navigating parenting situations to better educate and prepare parents. She highlighted the need to make connections with parents to foster trust.



Integrated & Equitable Systems

FOCUS AREA 4

Build and Strengthen County-Wide Coordination of our local early child development and family support systems

- State of the Child Summit and follow up
- Perinatal Parent Support Coordinator
- Perinatal Parent Support Intern – supporting parent connections
- Continue to provide infant nutrition support, professional development capacity building for countywide support
- Continue to coordinate Home Visiting Consortium providing ongoing and professional development
- Identify new ways of supporting parents with substance use issues
- Develop Policy Platform

The meeting recessed at 12:10 p.m. The meeting was called back to order at 1:15 p.m. Commissioner Emery was excused from the meeting.

ITEM 8 Prioritizing Resources Toward Strategic Plan (ACTION)

The Chair reported that ED Fetherston received an outstanding evaluation. The Commission is accepting her resignation as of July 29.

A. Review Budget to Actuals for Fiscal Year 2021-22

- a. ED Fetherston referred to the budget handout.

B. Financial Projections for Fiscal Year 2022-23

- a. 2022-23 Budget Assumptions

1. ED Fetherston informed the Commission that the estimated Proposition 10 funding amount is a total of \$657,154. Estimated Proposition 56 funding is a total of \$100,000. Proposition 56 funds build F5M reserves. Small County Augmentation grant funds are at \$115,702.66. The funds from this grant supply recovery services, outreach efforts, parent education, and more. Continued grant funding includes:

- Title IV-E training dollars - \$445,000
- Mendocino County Department of Social Services (formerly HHS) grant for Triple P Parenting Groups for ages beyond 0-5 - \$55,347
- Mendocino County Department of Behavioral Health (formerly MHSA) grant for Triple P Parenting Groups for ages beyond 0-5 and Positive Indian Parenting - \$36,000
- VOCA grants to The Pearl FRC - \$20,000
- Early Start grant to The Pearl FRC - \$31,779
- First 5 California Improve and Maximize Programs so All Children Thrive (IMPACT) - \$116,479 (pass through grant)

Grantees are comprised of Family Resource Centers and those who make special funding requests (\$30,000).

- b. Tax Revenue 2 Year Allocation Comparison

Staff and Commissioners made a side-by-side comparison of revenues from 2020-2021 and 2021-2022. ED Fetherston stated staff has been analyzing what tasks/areas funding is going to and how to best re-allocate it.

- c. 2022-23 Propositions 10 and 56 Tax Revenue Allocations SCA

ED Fetherston reported that the tax allocation for Prop 10 is \$657,154 and the allocation for Prop 56 is \$100,000.

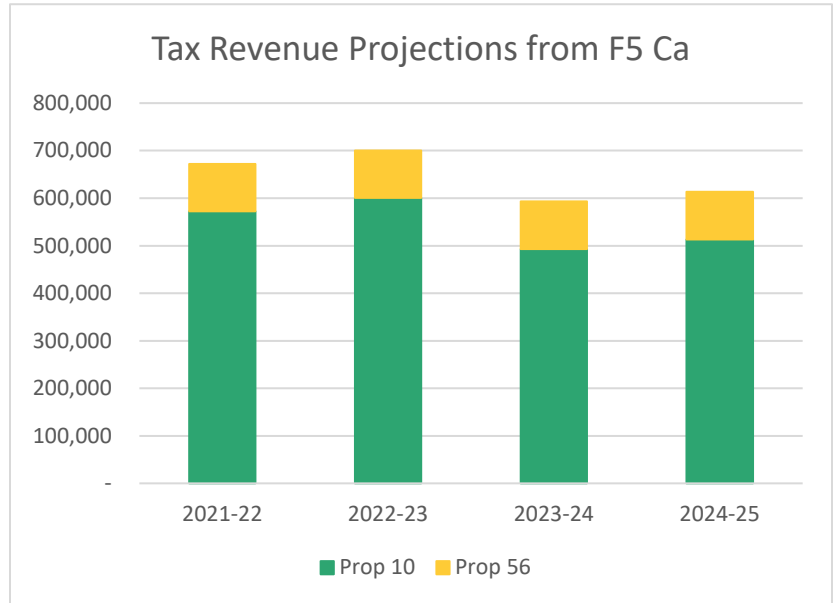
d. Grantees and Investments

Following a question from Ms. Aldrich, Commissioner Tichinin reminded attendees that budgets can be flexible. Commissioner Anderson added that if Family Resource Centers request funding assistance, the budget can be edited to accommodate them if need be.

C. Long Range Financial Forecast

ED Fetherston presented the Commission with the tax revenue assumptions chart for review and shared the following recommendations and assumptions:

- Home Visiting Consortium Grant will be reinstated by July 2023 for FY 23-24 through 2025
- Reserves have been built to partially fund current staff if needed for three years through policy platform development, TRS launch/revision, and DEBAR work
- Additional funding streams and policies should be pursued for targeted application directed by Strategic Plan and emerging priorities
- Commission and staff should review scope of work and revise as appropriate
- Sustainability from 2030 and beyond should be planned for in the next five-year horizon



D. Adoption of 2022-23 Budget (ACTION)

Commissioner Applegate convened the public meeting at 1:12 P.M.

Commissioner Tichinin asked for public comment about the budget proposal. No public comment was received. Commissioner Tichinin closed the public hearing.

Commissioner Applegate called the meeting back to order at 1:13 P.M.

Commissioner Tichinin congratulated and thanked staff for their work on the budget. Commissioner Anderson commended staff for their skill.

Motion to approve the 2022-23 Budget.

Motion: Anderson, Second: Baumker

Yes: Anderson, Applegate, Baumker, Haschak, Tichinin

Abstain: None

***Absent: Emery,
Miller, Rentería***

Motion Passed

E. Authorization of 2022-23 Contracts and Grants (ACTION)

ED Fetherston shared the following list of contracts and grants:

INCOMING GRANTS/CONTRACTS				
Contract Agency	Program Name	Start Date	End Date	Amount for FY 22-23
First 5 California	Small County Aug	April 1, 2021	June 30, 2024	\$115,702.66
Great First 5 California	IMPACT	July 1, 2020	June 30, 2023	\$116,479.00
Chabot Las Positas	Title IVE	? July 20, 2021 depending on approval	June 30, 2023	\$445,000.00
HHSA	Triple P Parenting	July 1, 2022	June 30, 2023	\$ 55,347.00
MHSA	Triple P Parenting and Positive Indian Parenting	July 1, 2022	June 30, 2023	\$ 36,000.00
Cal Department of Developmental Services	Early Start	July 1, 2021	June 30, 2024	\$ 31,779.00
Total Incoming				\$800,307.66
OUTGOING GRANTS/CONTRACTS				
Awardee	Program Name	Start Date	End Date	Amount for FY 22-23
Action Network FRC	N/A	July 1, 2022	June 30, 2023	\$15,000.00
The Arbor FRC	N/A	July 1, 2022	June 30, 2023	\$5,000.00
Laytonville Healthy Start FRC	N/A	July 1, 2022	June 30, 2023	\$15,000.00
Nuestra Alianza de Willits FRC	N/A	July 1, 2022	June 30, 2023	\$15,000.00
Potter Valley Youth Center FRC	N/A	July 1, 2022	June 30, 2023	\$15,000.00
Round Valley FRC	N/A	July 1, 2022	June 30, 2023	\$23,000.00
Family Resource Center Network	N/A	July 1, 2022	June 30, 2023	\$10,000.00
Special Funding	N/A	July 1, 2022	June 30, 2023	NOT TO EXCEED \$30,000.00
Pediatric Dental Initiative	N/A	July 1, 2022	June 30, 2023	\$3,000.00
Total Outgoing				\$137,100.00

Commissioner Anderson corrected the total outgoing to \$131,000.

Motion to authorize 2022-23 Contracts and Grants as amended with a total outgoing amount of \$131,000.

Motion: Tichinin, Second: Applegate

Yes: Anderson, Applegate, Baumker, Haschak, Tichinin

Abstain: None

Absent: Emery,
Miller, Rentería

Motion Passed

ITEM 9 Update on Car (ACTION)

ED Fetherston reported that there is no legal impediment to F5M selling or changing ownership of the car. Discussion regarding the purpose and use of the car ensued. Family Support Specialist Jade Aldrich expressed interest in using the car for outreach and distribution of materials on the coast. Commissioner Anderson suggested monitoring the car's use for six months and reporting back for the Commission to decide whether to keep the car.

Motion to carry out a two-month tracking period on the company car and report back.

Motion: Anderson, Second: Tichinin

Yes: Anderson, Applegate, Baumker, Haschak, Tichinin

Abstain: None

Absent: Emery,
Miller, Rentería

Motion Passed

ITEM 10 COMMISSIONER REPORTS, ANNOUNCEMENTS, QUORUM CHECK AND ADDITIONAL MATERIALS

- *Commissioner Anderson* – Reported that Rod Granger was made the permanent CEO and CFO of MCHC. The State announced that rural health centers may bill for unlicensed mental health therapists beyond the declared emergency. Dr. Douglas, the current CMO, is retiring in August.
- *Commissioner Baumker* – Reported that the ARC has a new Executive Director named Carter Grissom. There was a great turn out at the ARC block party where F5M staff tabled. This event was a kickoff for the Open ARC Program, which will allow space for families to come play for free.
- *Commissioner Tichinin* – Thanked staff for all their great work.

Quorum Check for Next Meeting:

Executive Committee Meeting: June 13, 2022, from 3:00-4:00 pm via Zoom.

Commission Meeting: June 27, 2022, at 1:00-4:00 pm. Commissioners Applegate, Anderson, Tichinin, Emery, and Haschak are available. Those absent will be polled and reported via email.

COMMISSIONER APPLGATE ADJOURNED THE MEETING AT 3:20 P.M.